

SAVOY
BEAUTY &
SPA

TREATMENTS
MENU



★★★★^S

HOTEL SAVOY
GRADO

POOLS

- One indoor-and one outdoor swimmingpool, both filled with seawater.
- Whirlpool bath.
- Opening times: from 7.00 a.m. to 8.00 p.m.

SAUNA

- Temp. 75-90°C / humidity 10%
- Finnish sauna with high temperature and low humidity level favours your organic and metabolic stimulation, providing cellular regeneration and toxins release.
- Relax Zone with Yogi Tea infusions and flavored waters.
- Opening times: from 3.00 to 8.00 p.m.
Only upon request during summer month.

STEAM BATH

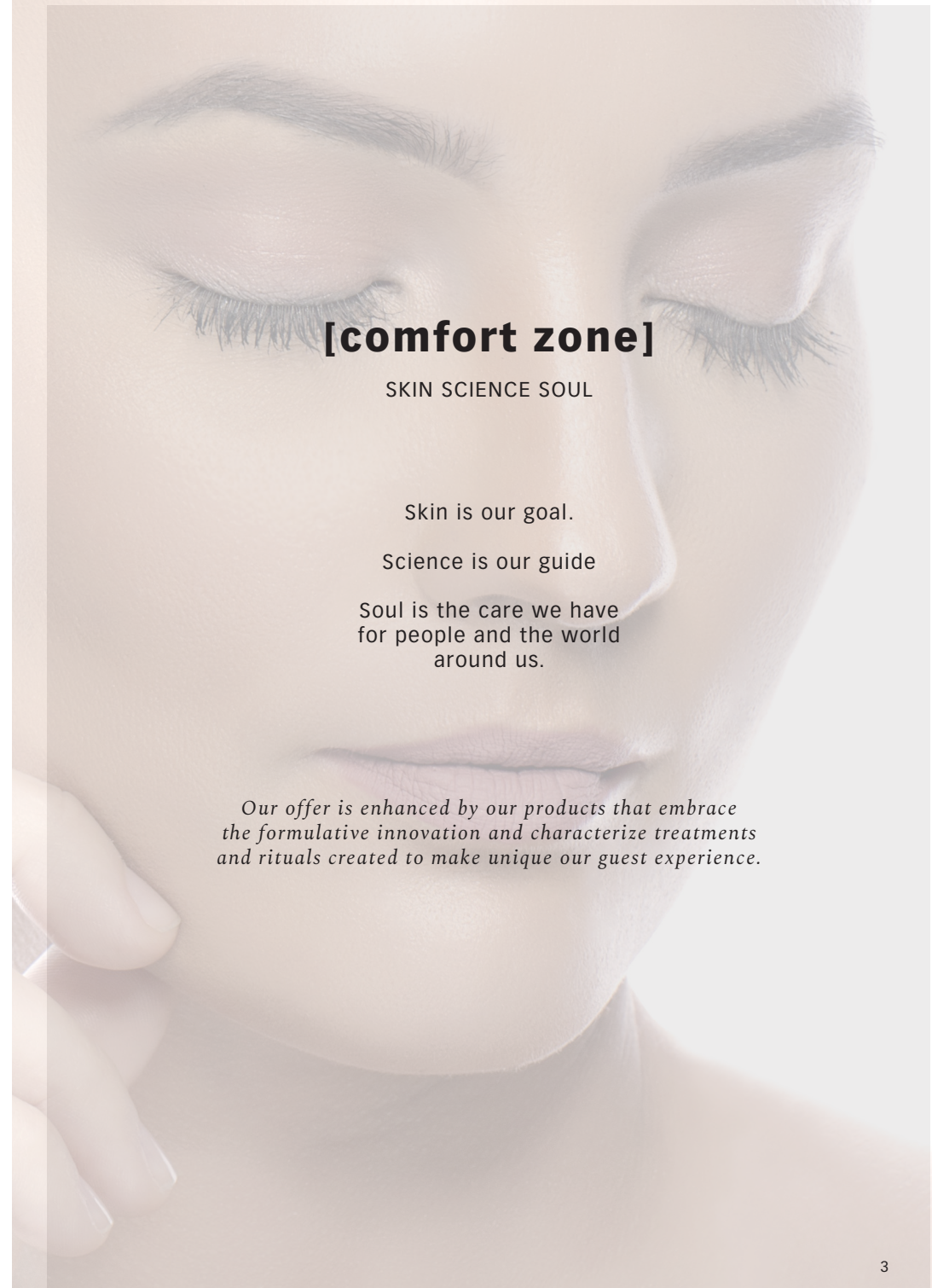
- Temp.40-50°C / humidity level at least 90%
- Steam bath with high humidity level stimulates your blood and lymphatic circulation, with benefits for your skin.
- Opening times: from 3.00 to 8.00 p.m. Only upon request during summer month.

ICE POOL

- Pool at 12-17°C to use after a Finnish sauna or the steam bath (take a shower first).
- Cold waters closes yur pores and favoours skin vascularisation, giving a sensation of real freshness.

FITNESS

- The spacious and bright gym has first generation Technogym equipment.
- A "Vitality-Room" with mats and fitballs is available for yoga and gymnastic (on request).



[comfort zone]

SKIN SCIENCE SOUL

Skin is our goal.

Science is our guide

Soul is the care we have
for people and the world
around us.

*Our offer is enhanced by our products that embrace
the formulative innovation and characterize treatments
and rituals created to make unique our guest experience.*

CLEANSING**Essential express**

Cleanses in depth and exfoliates removing impurities and imperfections making the skin light and renewed.

15 min / 20 €

LIFESTYLE AGING**Skin regimen longevity**

Antiage treatment to contrast the signs of aging due to stress.

50 min / 80 €

30 min (express) / 45 €

Skin regimen detox

Detoxifying treatment for stresses, dull and impure skins.

50 min / 80 €

CORRECTION AND LIFTING**Sublime Skin Complete**

Anti-Age with lifting mask. Reduces wrinkles and gives new tone to face.

50 min / 80 €

Sublime skin peel express

Innovative peeling in 2 steps. Stimulates the cell renewal giving back new light.

30 min / 50 €

Eye Patch (add on)

Triple action against eye-bags, dark circles and wrinkles to give light and youth to eye contour.

15 min / 20 €

IMPURITIES**Active Pureness Complete**

Mattifying spirulina algae mask for deep and delicate cleansing. It purifies and balances the skin making it fresh and toned.

50 min / 70 €

Active Pureness Express

Mattifying mask with white and green clay to counteract the sebum over-production.

30 min / 45 €

HYDRATION**Hydrmemory massage**

Hydrating massage for face, neck and décolleté with mask and brushes. For moisturized, silky and light skin.

50 min / 70 €

30 min (express) / 45 €

IPERSENSIBILITY**Remedy massage**

Renewing, fortifying and soothing perfect for sensitive, fragile and redness prone skins.

50 min / 75 €

30 min (express) / 50 €

ANTI-OXIDANT**Renight recover touch**

Nourishing multivitaminic anti-oxidant for face, neck and décolleté with repairing and protective action.

50 min / 75 €

30 min (express) / 50 €

PREPARE & CALM

Double peel body

Thorough and deep revitalization for a compact and smooth skin thanks to a chemical and mechanical peeling and to an anti-age nourishing mask.

55 min / 85 €
30 min (express) / 50 €

DRAINING

Detox & Drain

Intensive detoxifying, draining and anti-cellulite treatment with Velona Caste's thermal water and essential oils.

50 min / 85 €

Express Bandage

Deep tissue purification from waste and toxins, a draining booster perfect for legs weighed down by edematous cellulite.

30 min (express) / 50 €

MELTING

3 in 1

Triphasic intensive treatment: reactivation and enhancing of skin microcirculation, lipolysis stimulation, it reshapes and gives lightweight to legs.

60 min / 85 €

Thermo express

Express and intensive treatment with thermogenic action indicated to correct the most marked and enduring cellulite imperfections.

30 min / 50 €

REACTIVATING

Montalcino mud

Visible and immediate detoxification and remodeling thanks to the synergy between the mud and the Velona Caste's thermal water and the intensive double action of the thermogenic cream.

50 min / 85 €
30 min (express) / 50 €

FIRMING

Body Active massage

Remodeling and firming with mud mask to give compactness and energy to tissues.

50 min / 85 €
30 min (express) / 30 €

Classic Massage

Designed to stimulate metabolism and reduce emotional stress giving a sense of general wellness.

50 min / 65 €
25 min (express) / 45 €

Dry brushing

This treatment is performed with the use of brushes made of natural fibres on dry skin of body and face. The effects are amazing, both from the point of view of your skin and of your overall well-being.

60 min / 80 €
40 min (express) / 65 €

Face, scalp and shoulders

Potent soothing massage that focus on face, scalp and shoulders.

25 min (express) / 45 €

Drainage

With very light hand pressure it encourages the natural drainage of the lymph and avoids fluid retention. A relaxing effect which helps to reduce cellulite and favours healthier tissue.

50 min / 75 €

Decontracting massage

It releases muscle tension and relieves back, neck and cervical pains.

40 min / 65 €

Indonesische Massage

A relaxing massage of back and legs that reduces stress and improves your sleep quality.

50 min / 75 €

Myofascial - sports massage

A strong and energetic massage which works both on muscular and nervous level. Most suitable for those who practice sports or for those suffering from rigidity and muscles pain.

50 min / 75 €

Aromasoul ritual scrub

Epidermal renewing with volcanic scrub and aromathera-pic oil blend for silky and nourished skin.

50 min / 75 €

Comfort touch

Harmonizing and rebalancing with bio-energetic postural gestures.

50 min / 75 €

Salt massage

With himalayan salt for a deep purifying and revitalizing action. It detoxes and enhances the action of remodeling treatments.

50 min / 85 €

Manicure

25 min / 35 €

With nail polish 40 min / 40 €

Pedicure

45 min / 45 €

With nail polish 60 min / 50 €

Epilation

from 15 up to 60 min / 28 - 60 €

IF YOU ARE NOT STAYING AT THE HOTEL**Daily entry to the fitness center and swimmingpools.**

The use of changing rooms, personal cabinets with bathrobe and towels, the use of showers with Comfort Zone amenities are in the price included.

Call one day before to check the availability.

1 Entry Day SPA / 40 €

Up to 12 years old / 30 €

The swimmingpool / 6 entries for 2 hours / 100 €

Up to 12 years old / 60 €

The gym 1 Entry / 20 €

Subscription 6 Entries / 100 €

**GOOD
TO KNOW**

The Savoy Beauty & SPA is a place dedicated to relax. We kindly ask you to switch off your phone and to respect other privacy and silence. The hotel guests can reach the SPA area wearing their bathrobe and leaving their jewellery in the hotelroom.

Opening times

Mondays to Fridays from 9.00 a.m.

to 7.00 p.m.;

Saturdays and Sundays from 10.00 a.m.

to 6.00 p.m.

Reservations

From your room dial 400 for the Spa Center or 9 for the main reception.

An idea for a present

A SPA treatment can be a very good idea for a present! You can buy gift vouchers at the hotel or on our website:

www.hotelsavoy-grado.it

Be on time

We kindly ask our guest to arrive some minutes before the time due, in order to guarantee the request service at the right time. Any delay can effect the duration of your treatment.

Cancellation policy

You can cancel your reservation one day before your treatment, within 4.00 p.m., without any charge. Otherwise, the total price of the service requested will be charged.

**TOOLS FOR
A CORRECT USE OF****the Swimmingpools**

- Swimming pools can be used only by skilled people;
- Diving is not allowed;
- Please respect other relaxing mood;
- Pets are not allowed;
- Enter the swimming pool area with suitable footwear
- Sunbeds can not be reserved

the gym

- Children must be accompanied;
- Please wear suitable sports cliths and shoes;
- Please use a towel while using the gym equipment;
- Plese wipe down the equipement you used with the sanitiser provided.

Sauna and Steam Bath

- Childern under the age of 16 must be accompanied by parents.
- Do not wear clothes: with high temperature the syntetic fabrics of your swimwear and flip-flops could release toxic substances.
- Always shower before and after sauna or steam bath. It's a recommede hygiene rule and it favours better skin sweating.
- Use a towel so that you do not have direct contact with the bench.
- This is a phone-free zone, enjoy it!
- Remember to listen to your body, make a long break among different sessions; drink a lot, either water or herbal teas.

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