

HOTEL SAVOY

BEAUTY & SPA

“What you give your attention to, grows.”

Wellness is balance.

Between mind and body, movement and rest,
stimulation and listening.

We believe in an essential form of well-being,
one that follows the natural rhythm of the seasons.

Moving outdoors, breathing in the sea air,
exposing the body to light, walking barefoot.
Training gently, slowing down when we feel the need.
Not too much. Not too little.

Our treatments are born from human touch,
from hands that work and listen.

We choose what we put on our skin
just as carefully as what we eat, read, and listen to.

[**comfort zone**]

conscious skin science

Born in Parma in 1996 as a line dedicated to face and body treatments for spas and wellness centers.

Its philosophy is rooted in **Conscious Skin Science**: formulas grounded in science, enhanced by botanical extracts and advanced biotechnologies, designed to support the skin's dynamic balance with high performance while respecting the environment.

BIRKENSTOCK[®]

Care Essentials

The foot influences posture and represents one of the main channels of communication with the nervous system.

Caring for it means working on overall wellbeing.

Our offer combines foot reflexology and a skincare line entirely dedicated to the foot: **Birkenstock Care Essential**. Vegan, 100% natural, made in Germany.

MASSAGES

CLASSIC

25 or 50 min

Relieves tension and stimulates metabolism, giving a feeling of profound well-being.

KOBIDO

25 min

Born in Japan, where it is known as the “Massage of eternal youth”.

It is a highly relaxing facial massage, with incredible effects on beauty and health. A genuine manual facelift.

TENSION - RELIEVING

50 min

Relaxes the muscles, reduces tension and gives relief to the back, neck and cervical area.

DRAINING

50 min

Uses very light manual pressure to reactivate lymphatic circulation and prevent irregular fluid build-up. Helps reduce cellulite and makes tissues healthier.

INDONESIAN

50 min

A relaxing massage that involves light manual pressure on the face, head, back and legs.

COMFORT TOUCH

50 min

A ritual inspired by Californian massage with a bioenergetic manual technique that gives deep muscle relaxation and restores postural harmony.

FOOT REFLEXOLOGY

40 min

A targeted foot massage that, through precise manual pressure on specific points, stimulates reflex zones connected to the body and internal organs. Deeply relaxing, it promotes energetic balance and overall well-being.

BRIGHT FACIAL

50 min

Intensive triple-action treatment that gives immediate radiance, even complexion and reduces the appearance of dark spots. Indicated for those seeking long-lasting efficacy against hyperpigmentation and melasma, regardless of age or type of spot.

PRO - LIFT

25 or 50 min

Redensifying and lifting face and neck anti-ageing treatment. Combined with specific Kobido massage techniques, it restores fullness and redefines the volumes of the face.

ACTIVE PURENESS

25 or 50 min

Deep cleansing; ideal for impure and oily skin. Includes the application of an opaque spirulina algae mask for full treatment or of a clay mask for express treatment.

HYDRAMEMORY

25 or 50 min

An intensive moisturising treatment for face, neck and upper chest with a hyaluronic acid mask, followed by an exclusive brush massage. Leaves your complexion silky, glowing and fresh.

REMEDY + JADE - BALL MASSAGE

25 or 50 min

A rejuvenating, fortifying and soothing treatment followed by a massage using jade balls. Also suitable for sensitive skin. Adatto anche alle pelli più sensibili.

ANTI OXIDANT – RECOVER TOUCH

25 or 50 min

A multivitamin antioxidant treatment enhanced by vitamin A, vitamin C or ianuronic acid boosters as needed. Nourishes, repairs and protects the skin against damage caused by free radicals.

BODY TREATMENTS

[comfort zone]

conscious skin science

COLLAGEN WELLNESS TREATMENT

50 min

A seaweed body mask followed by an invigorating massage with a collagen cream. Because the skin of your body deserves the same care as your face. The result is immediate: softer, smoother skin with a healthier-looking appearance.

MONTALCINO MUD

50 min

Visible and immediate detoxification and remodelling thanks to the synergy of mud with Bromio spa water (on the legs) and intensive thermogenic cream (on the buttocks and abdomen).

DRY BRUSHING - KNEIPPBRUSHING

50 min

Performed with natural fibre brushes on dry body and face skin. A powerful massage that improves blood circulation and acts on the lymph and nervous system.

AROMASOUL RITUALSCRUB

50 min

An extraordinary aromatherapeutic body scrub for deep purification, enhancing cellular oxygenation, microcirculation, and skin vitality.

SALT MASSAGE

50 min

A relaxing massage with warm salt stones to enhance well-being and amplify the results, followed by a gentle full-body wrap with finely ground salt for intense detoxification.

FINAL TOUCHES & TO ADDON

MANICURE

MANICURE with NAILPOLISH

PEDICURE

PEDICURE with NAILPOLISH

PEDICURE with FOOTREFLEXOLOGY

HAIRREMOVAL

TO ADDON

Exceptionally effective additional treatments to include with othertreatments:

EYE PATCH

revitalising anti-ageing for eyes

PEEL - OFF MASK

firming and plumping

EYEBROWS DEFINITION

PRICE LIST

MASSAGES

25 min	50 €
50 min and foot reflexology	80 €

FACIALS AND BODY TREATMENTS

25 min	58 €
50 min	95 €

MANICURE	36 €
MANICURE WITH NAIL POLISH	42 €
PEDICURE	55 €
PEDICURE WITH NAIL POLISH	60 €
PEDICURE WITH FOOT REFLEXOLOGY	125 €

HAIRREMOVAL

25 min	40 €
50 min	70 €

TO ADD ON

EYE PATCH – PEEL OFF MASK	22 €
EYEBROWS DEFINITION	10 €

A DAY AT
HOTEL SAVOY
BEAUTY & SPA

Please check availability in advance.

ONE 50 min TREATMENT

Ritual / Massage / Face / Body

+

ALL - DAY ACCESS TO POOL SAND SAUNAS

115 €

Or

ONE 25 min TREATMENT

Massage / Face / Body

+

ALL - DAY ACCESS TO POOLS AND SAUNAS

85 €

Including use of changing rooms and towel kit.

OUR FACILITIES

POOLS

Indoor and outdoor pool with sea water – heated to 30°C and 24°C – sourced 100 m from our shore. Retains its level of natural salinity and precious properties. Whirlpool in- and outdoor.

TECHNOGYM FITNESS ROOM

PILATES & YOGA

Private sessions can be arranged upon request. Our offerings: Longevity Glow Pilates, Strength & Calm: Sun Salutations, Conscious Breathing & Gentle Stretching.

SWIMMING

Private swimming lessons can be arranged for adults and children aged 5 and above.

FINNISH SAUNA

Temp. 80-100°C / humidity 10-20%

A Finnish sauna, with a high temperature and low humidity, helps stimulate the body and metabolism, promoting cellular replacement and the elimination of toxins.

After the session, a cold shower or immersion in the Icepool (about 15°C) is recommended to close the pores and stimulate vascularisation.

INFRARED CABIN

Temp. < 60°C

Using heat produced by electromagnetic force, this type of sauna provides a heat bath that is never excessive and gives a pleasant feeling of well-being, similar to that experienced during exposure to the sun.

The session can last up to 30 min.

Ideal for athletes and to relieve muscle and joint pain in general.

STEAM BATH

Temp. 40-50°C / humidity at least 90%

This high humidity Turkish bath promotes blood and lymphatic circulation, to revitalise your skin.

The saunas and steam baths are open from 11.00 am to 8.00 pm and on request in the summer months.

RELAX ZONE

ROOFTOP – SOLARIUM TERRACE

To sunbathe and relax in absolute privacy and tranquillity, on the fourth floor of the hotel.

OPENING HOURS

The pools and fitness area are open daily from 7:00 am to 8:00 pm.
The saunas and steam bath are open daily from 11:00 am to 8:00 pm.
During the summer months, access is available upon request.

SPA ETIQUETTE

The Savoy Beauty SPA is a haven of relaxation. Guests are kindly asked to respect privacy and silence. Hotel guests may access the SPA directly in their bathrobe, after storing jewelry and valuables in the in-room safe. Access to the indoor pool is permitted with clean slippers only, and appropriate attire is required in the fitness area.

Guests under the age of 16 may use the facilities only when accompanied by an adult.

Sun loungers cannot be reserved.

Pets are not allowed.

Smoking is strictly prohibited throughout the SPA area, including the outdoor pool.

RESERVATIONS

For information and reservations, please email
reservation@hotelsavoy-grado.it
or call +39 0431 897400.

Hotel guests may dial 400 for the SPA reception or 9 for the main reception.

IF YOU WANT TO GIVE A GIFT...

Spa vouchers are a great idea!

You can buy them directly at the hotel or on our Website
www.hotelsavoy-grado.it

PUNCTUALITY

To ensure the desired time and service, we recommend arriving a few minutes in advance.

Late arrival may affect the total duration of the treatment.

CANCELLATIONS

No penalties are incurred if cancellations are made by 4.00 pm on the day before the appointment.

If notification is late or not given, the 50% of the amount will be charged.



HOTEL SAVOY
GRADO

Riva Slataper, 12
34073 Isola di Grado (Go) - Italia
Tel. +39 0431 897111

reservation@hotelsavoy-grado.it
www.hotelsavoy-grado.it